

## A la Carte Menu

(Monday to Saturday)

#### **STARTERS**

Soup of the day

Sweet potato & ginger cake, avocado salsa (g,s)

Arancini, arrabiata sauce (ml,c,g,s,e)

Caprese salad, mozzarella, cherry tomato, basil, balsamic glaze (ml)

Chilled melon, summer berries

Deep fried devilled whitebait, tartare sauce (g,s,f ms,ml)

Seared scallops, mushroom cream, scallop roe (g,cr,c,ml,n,s)

Salmon tartare, beetroot and avocado (f,ms)

Deep fried baby squid, Dijon cream (m,g,ml,ms,e,sl)

Seafood salad, prawns, crab meat, smoked salmon, Marie-Rose sauce (m,cr,s,f,sl)

Homemade cod and haddock fishcake, *tartare* sauce (f,g,e,s,ms)

Chicken Satay, (s,p,f,c)

Duck terrine, toasted sourdough, cherry chutney (sl,ms,s)



#### MAIN COURSES

Grilled chicken, mushroom sauce, dill potato croquette, green beans (g,e,ml,sl)

Grilled pork tenderloin, Dijon cream sauce, sauteed potatoes, carrots (ms,ml,f,g-soy)

Pork schnitzel, capers and garlic butter, sauteed potatoes, asparagus

Duo of lamb, braised leg, kofta, mashed potatoes, tenderstem brocolli, rosemary jus (sl,ml,f,c)

Chilli con carne, basmati rice, sour cream, guacamole (ml,c)

Grilled Entrecôte, chips, salad, (s,ml,g)

Grilled fillet of Jersey beef, chunky chips, salad

Homemade Jersey beef burger, chips, lettuce, tomato, gherkins, tomato relish (g,ml,s,ms)

Spaghetti bolognese, salad (s,c,f,sl,g,e,ml)



Thai green curry, seafood, chicken or vegetable, served with Basmati rice (s,cr,f,ss,sl)

King prawns and chorizo stir fry, egg noodles (g-wheat,cr,s)

Traditional Fish pie (f,ml,e,m,sl)

Fish and chips, petit pois, tartare sauce (g,f,s)

Catch of the day, (f,ml,g)

Fresh tuna niçoise salad, salsa verde, sourdough (f,g,c,e)

Grilled fillet of salmon, new potatoes, summer vegetables, hollandaise sauce (f,ml,s)

Caesar salad, *Iettuce, croutons, parmesan, anchovies, homemade Caesar dressing* (g,f,ml,s,cr,ms,e)

#### Add:

Avocado £2.50 Chicken £4.00 Smoked Salmon £3.00 King prawns £4.50

Homemade vegetable burger, salad, tomato relish (g,ml)



Stuffed peppers, rice, goats cheese, tomato and basil sauce (ml,s,sl,c)

Vegetable lasagne, salad, (ml,g,c,e,sl,s)

Penne pasta, fresh green pesto, parmesan (g,ml,p,e)

Omelette and chips,

Mushroom, ham, cheese or fresh herbs (e,s)

Pizza, Margherita

pepperoni

chicken

Extra Sides-

Chunky chips (s) Basmati rice

French fries (s) Summer vegetables

New potatoes Side salad

Sauces

Bearnaise Hollandaise

Peppercorn Garlic butter



### **DESSERTS**

Cheese board, (ml)

Chocolate brownie, scoop of ice cream (g,e,n,ml,ss)

Raspberry jelly, summer berries, mascapone cream (ml)

Crème brûlée (ml,e)

Orange custard tartlet (ml,g,e)

Coffee mousse, crunchy nut layers (ml,n,g,p)

Yoghurt panna cotta raspberry compote (ml)

Jersey ice cream, chocolate, strawberry, vanilla (ml)

### **HOT BEVERAGES**

Various Teas - from Expresso Coffee - Cafetière



# Please speak to a member of staff prior to ordering if you have any allergies

## **Allergens**

(m)	Molluscs including land snails, whelks, squid
<b>(I)</b>	Lupin bread, pastries, pasta
(p)	Peanuts, cakes, biscuits, sauces
(ms)	Mustard can be in liquid or powder
(e)	Eggs, cakes, sauces, pastries
(s)	Soya various beans, including edamame and Tofu
(g)	Gluten in food made with flour, pasta, bread
(n)	Nuts including cashews, almonds, hazelnuts
(f)	Fish found in pizza, dressings, Worcestershire sauce
(ml)	Milk, butter, cheese, cream
(cr)	Crustaceans, crab, lobster, prawns, shrimp, scampi
(ss)	Sesame found on burgers, bread, sticks and salad
(c)	Celery including stalks, leaves, seeds, celeriac
(sI)	Sulphites found in dried fruit like raisins and some drinks